

Offsite Duplication

Clients who have Network Attached Storage (NAS) devices can duplicate their computer's data to our offsite Rsync server. This service should also support any other hardware using the Rsync protocol.

At a scheduled time, convenient for the client, a backup of all selected data, will be performed and duplicated offsite.

Once an initial 'seed' backup has been taken, subsequent backups will only need to transfer changed data to reduce internet costs.

Offsite duplication can be used in conjunction with online backup to ensure your data is secure and protected.

Key Features:

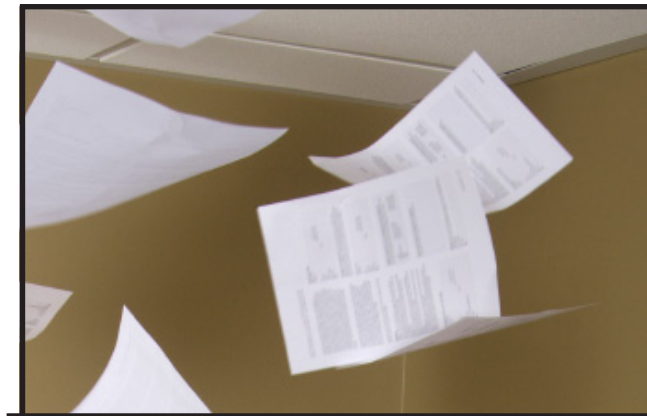
- Offsite duplication using Rsync is a disk-based backup solution. Backup tapes are not required.
- Backup software is fast. It only backs up changes that have been made since the last backup.
- Cross platform compatible.
- Inexpensive form of backup for clients with suitable hardware / equipment.



46 North East Road
Walkerville SA 5081

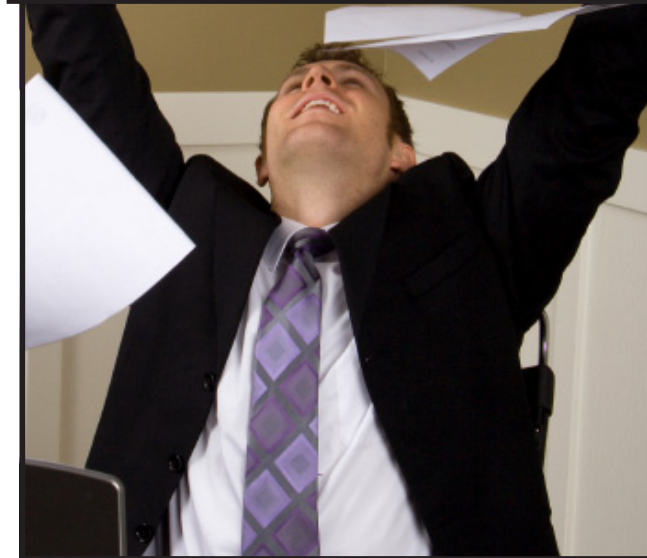
Ph: (08) 8269 5260
Fax: (08) 8269 7057

E: sales@forerunner.com.au
W: www.forerunner.com.au



Backup Solutions

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Forerunner Backup Solutions

... helping you avoid disaster!

Why is backup so important?

Imagine if your computer was stolen, your computer was caught in a house or office fire, or your computer simply crashed and could not be revived ... would you have a form of backup in place for all of your business data, financial records and family photos?

Having a reliable backup solution in place is very important. It is a preventative measure. You may think, but how can I justify the cost? Just ask yourself, can you imagine losing all your work, music and your precious photo memories.

For more information about how you can be confident about the security of your data in the event of a disaster, contact the Forerunner Team today.

**Call the Team at Forerunner
to discuss your backup requirements!**



Online Backup

Backup your computer system and your data with our automatic online backup service. Feel confident knowing that your data is safely backed up to our secure facility onsite.

Online backups are monitored 24/7. Backups will occur overnight and our technicians will be alerted to any problems. Further reviews will be conducted by our technicians at regular intervals.

Online backup does not require any special equipment; all you need is an internet connection, and Forerunner takes care of the rest.

We recommend Online Backup is used in conjunction with another backup solution, such as FMS Backup (a total imaging solution) for your added protection and convenience.

Online backup is suitable for home users and small to medium sized businesses.

Online Backup is available in packages with 2GB or 5GB, with additional blocks of 5GB also available.

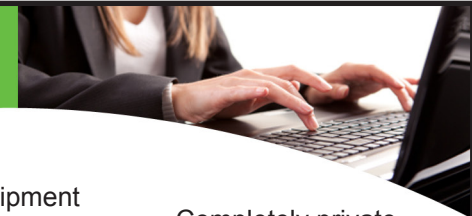
Please contact the Forerunner Team for more information and pricing.

Key Features:

- No special equipment required
- Backup common operating systems, virtual machines, database applications and files
- Fully automated
- Optimised for efficient high speed
- Secure offsite protection
- Reliable and fast restoration
- Easy to use and manage
- Cross-platform compatible
- Completely private
- Comprehensive logging of results
- 24/7 alert functionality
- Historical File retention (multiple versions of the same file)

Benefits:

- Data is held in Australia
- Securely held in a secure facility, close at hand
- Power backed up in case of blackouts
- Data mirroring for added security



FMS Backup

FMS Backup provides automated disk remote backup, disk imaging, file level remote backup and bare metal restore for Windows servers and workstations (PCs and laptops).

Unlike conventional file based only products, FMS Backup creates an image of the entire system state - including operating system, business applications, user settings, drivers and data - giving administrators the

framework to completely rebuild a downed system in a fraction of the time it would otherwise take.

FMS backup can be used to restore an image remotely e.g. if a computer is infected with a virus, FMS can remotely recover the computer to the last backup point.

It remains the client's responsibility to ensure that they have sufficient backup routines in place to service their needs.

Key Features:

- Complete backup solution that protects all Windows servers and workstations in a distributed IT environment.
- Remote backup administration and automation eliminates onsite visits.
- Universal restore for recoveries to dissimilar hardware or virtual machines.
- Scheduled to suit the client to minimise disruption.
- Can be used to restore an image remotely.
- Backup is encrypted with high level security.
- Multiple images can be retained depending on your backup media capacity. This can also be used to allow storage offsite.

